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| Name of Lead Agency | Westchester County |
| Location | White Plains, NY |
| Title of Project | Westchester County Department of Community Mental Health |
| Program Option | RPG 5-Year Grant; \$500,000 annually |
| Geographic Area and Congressional District Served | County of Westchester Congressional District 18 |
| Brief Program Description | <p>The project focused on adding child welfare expertise and resources to our network of chemical dependency treatment providers. Westchester has 1,487 children receiving Prevention Services but over 3,000 living with adult substance abusers in treatment. We provided substance abuse counselors treating those adults the training and tools needed to screen children for serious emotional disturbances or developmental delays, and link children to Networks we've created that help families access the complex array of services available through child welfare, children's mental health, and special education systems. The project add long-team intensive case management and short-term transitional case management for substance-affected families with children with serious emotional disturbances or developmental delays.</p> <p>This will allow us to:</p> <ul style="list-style-type: none"> • Reach many more at-risk children • Mobilize hundreds of professionals who have the most consistent contact with the adult substance abusers to help screen high-risk children for emotional disturbances, unmet special education needs and developmental delays • Intervene earlier, providing preventive and/or family stabilization services before children are placed in foster care or suffer tragic consequences. |
| Target Population | <p>The project targeted:</p> <p>High-need families of substance-abusing parents with young children at risk of entering foster care and who have one or more children with complex mental health, developmental or special education needs</p> <p>Provide long-term intensive clinical case management for caseload of at least 50 families per year</p> |
| Participants | Children: 699 |

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| Served | <p>Adults: 427</p> <p>Families: 344</p> |
| Major Goals | <p>Major program goals included:</p> <ul style="list-style-type: none"> • Reach more at-risk children • Mobilize hundreds of professionals who have the most consistent contact with adult substance abusers to help screen high-risk children for emotional disturbances, unmet special education needs, and developmental delays • Intervene earlier, providing preventive and/or family stabilization services before children are placed in foster care. |
| Key Major Program Services | <p>Case Management and In-Home Services</p> <ul style="list-style-type: none"> • Intensive/Coordinated Case Management • Family Group Decision Making/Family Case Conferencing • Wraparound/Intensive In-Home Comprehensive Services <p>Parenting/Family Strengthening</p> <ul style="list-style-type: none"> • Standard Parenting Skills Training • Evidence-Based Parenting or Family Strengthening Program – Strengthening Families Program <p>Mental Health and Trauma Services for Adults</p> <ul style="list-style-type: none"> • Psychiatric Care Including Medication Management • Trauma-Informed Services – Seeking Safety <p>Substance Abuse Treatment for Adults</p> <ul style="list-style-type: none"> • Intensive Outpatient • Aftercare/Continuing Care/Recovery Community Support Services <p>Specialized Outreach, Engagement and Retention</p> <ul style="list-style-type: none"> • Cognitive Behavioral Strategies – Motivational Interviewing • Recovery Coach/Specialist • Co-location of Staff <p>Family-Centered Substance Abuse Treatment Screening and Assessment – Child Welfare and Other Children’s Issues</p> <ul style="list-style-type: none"> • Screening and Assessment for Child Welfare Issues • Screening and Assessment for Trauma • Other Specialized Child Screening and Assessment – Mental Health/Psychological, Developmental <p>Screening and Assessment – Substance Use and Other Adult Issues</p> |

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| | <ul style="list-style-type: none"> • Screening and Assessment for Substance Use Disorders • Other Specialized Adult Screening and Assessment – Mental Health/Co-Occurring Disorders, Parenting <p>Children’s Services</p> <ul style="list-style-type: none"> • Early Intervention • Mental Health Counseling • Trauma Services for Children/Youth - Child Interaction Therapy (PCIT), Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Sanctuary Model <p>Cross-Systems/Interagency Collaboration</p> <ul style="list-style-type: none"> • Clinical and Program Training • Cross-systems Policies and Procedures • Regular Joint Case Staffing Meetings • Co-location of Staff • Cross-systems Information Sharing and Data Analysis • Partner Meetings <p>Housing Services</p> <ul style="list-style-type: none"> • Housing Support and Assistance Services |
| <p>Partner Agencies and Organizations</p> | <p>Child Welfare</p> <ul style="list-style-type: none"> • Regional/County Child Welfare Agency • Child Welfare Services Provider <p>Substance Abuse</p> <ul style="list-style-type: none"> • State Substance Abuse Agency • Regional/County Substance Abuse Agency • Substance Abuse Treatment Agency/Provider <p>Courts</p> <ul style="list-style-type: none"> • Family Treatment Drug Court (FTDC) • Adult Drug Court • Mental Health Court <p>Health Services</p> <ul style="list-style-type: none"> • Regional County Mental Health Agency • Mental Health Services Provider <p>Other Evaluation and Training</p> <ul style="list-style-type: none"> • Evaluator (University or Affiliated or Other) |

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| | <ul style="list-style-type: none"> • Consultant/Training |
| Evaluation Design and Comparison Group Type | <p>Quasi-experimental</p> <p>Historical</p> <p>Matched Population-Level</p> <p>Usual Child Welfare/Substance Abuse Services</p> |
| Performance Indicators | The program did not include indicator data in the final report. |
| Sustainability Status | <p>Able to sustain specific components/scaled down version of program model.</p> <p>Westchester County Department of Community Mental Health staff will continue to monitor compliance of children's mental health screening and family functioning surveys. Family Network will continue to function within the substance abuse system for higher need families who are experiencing problems negotiating multiple systems of care. Intensive Case Management requires designated funding to continue and will not be sustained.</p> |